

# FROM HERE SUPPORT YOUR CLIENTS BACK TO EMPLOYMENT

PLATFFORM

For mental health and social change

## GUIDANCE TOWARDS FULL POTENTIAL

**One-to-one peer mentoring support in the community as a pathway to employment.**

### WHO'S THIS FOR?

It's for people who have experienced mental health challenges - like anxiety or depression - or who are in recovery from substance or alcohol misuse.

#### Criteria:

**Over 25:** Unemployed for more than 12 months, or receiving ESA or Universal Credit.

**16 - 24:** Not in education, employment or training.

**Our peer mentors have had similar experiences to participants, or understand the challenges and barriers they may be facing.**

### WHO ARE PLATFFORM?

We work with people who are experiencing challenges with their mental health, and with communities who want to create a greater sense of connection, ownership and wellbeing in the places that they live.

[platform.org](https://platform.org)



### VOLUNTEERING

We support participants to find and access volunteering opportunities. This helps reintroduce them to the workplace and provides them with relevant experience.

### TRAINING

We work with participants to find the training they need and support them to access it, including covering the costs.

### EMPLOYMENT

We work with participants on personal development and improving existing strengths, moving them towards the career of their choice.

**Mentors meet participants in their communities, and work together to create an action plan. Mentors provide information, advice and guidance, in confidence, supporting participants on their way back into work.**

### CONTACT US

[oows@platform.org](mailto:oows@platform.org)  
01443 845975

