



Annual Report April 2018 - March 2019

Julia Sky, Regional Index Officer

The Index is Cardiff and the Vale of Glamorgan's voluntary register for children and young people with disabilities or additional needs.

It's good to have the right information and know what support is available.

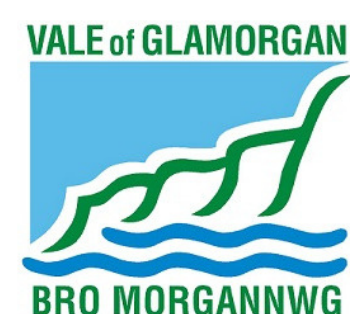
Cardiff and the Vale of Glamorgan want you to have a full, happy, healthy life.

We want you to connect to services, take part in activities and have fun – that's what The Index is for.

The Index lets you know about the services, activities and events happening in your area.

Cyngor a Chymorth i
Deuluoedd Caerdydd

Cardiff Family
Advice and Support



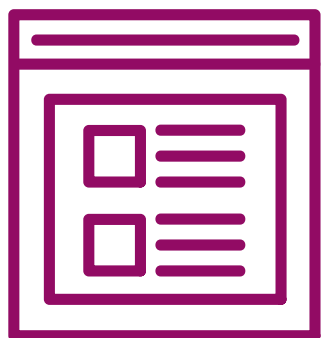
Key Achievements April 2018 - March 2019



268 **New!**
registrations



4
newsletters
produced



64
Index eNews
sent to families and
professionals



500+



ALN specific
Social Media posts



Dewis Cymru

100+
ALN Specific
Resources on
Dewis Cymru



200+
enquiries to The
Index



12
monthly sessions
held at Llandough
and St David's
Children's Centres



1 Service
Regionalised

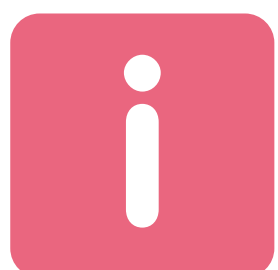


Registration
Form
Simplified



Noah's Ark
Children's Hospital Charity
Elusen Ysbyty Plant

Outreach at
Noah's Ark
Established

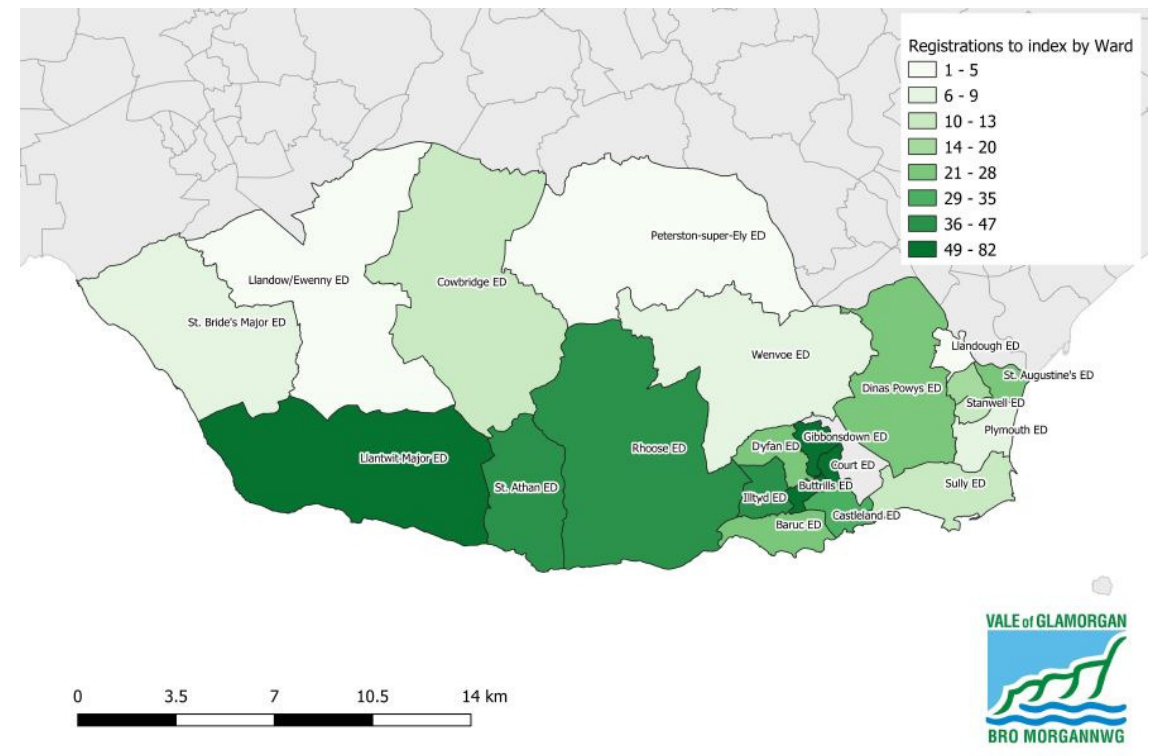
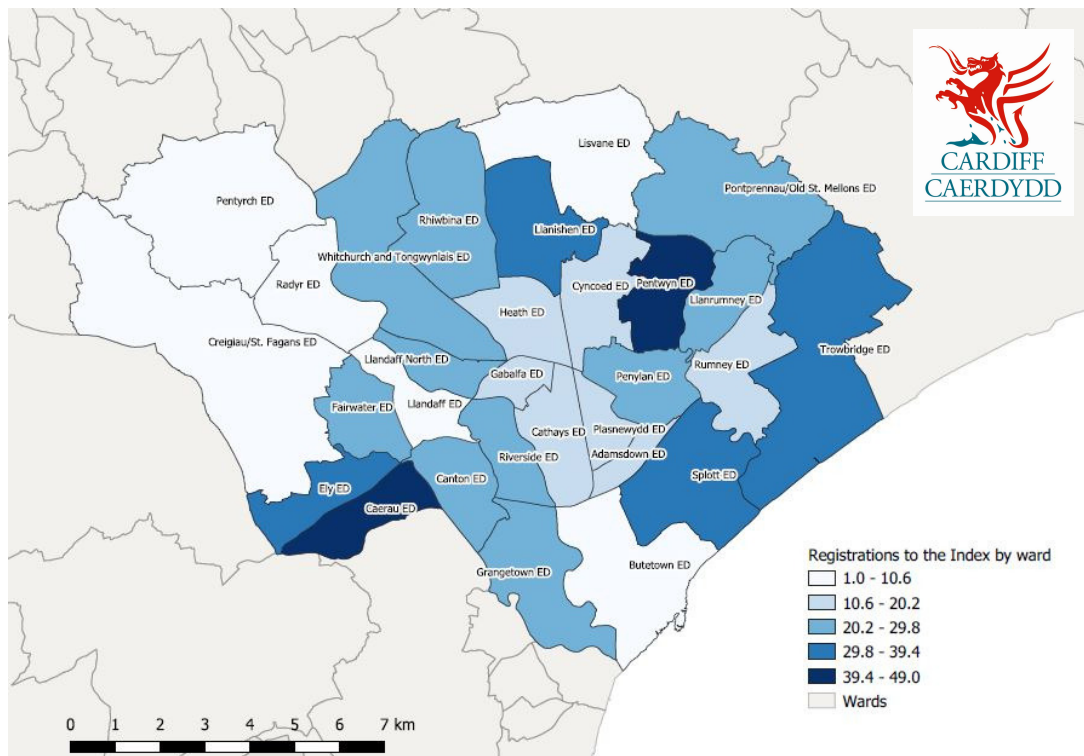


Information on childcare
for children with
additional needs
improved



6 Drop In
Sessions Held
for Carers in
the Vale


Regional Facts and Figures 2018 - 2019



New!



390 registrations
April 2018 - March 2019

32%  **68%** 

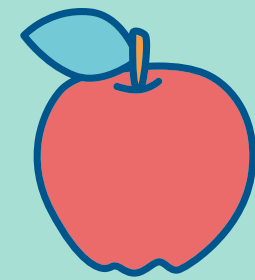


Highest Proportion of Children on The Index are 5 - 11 years

50% are under Speech Therapy



Over 50% are under a Paediatrician



20% are under Dietetics

Most Common Reasons for Signing up to The Index in Cardiff and the Vale

- 1 ASD**
- 2 ADHD**
- 3 Developmental Delay**

Over 60% have Communication and Socialisation Difficulties



The Index was established in Cardiff in April 2016



1,713 pupils in Cardiff have a Statement of Educational Need



The Index was established in the Vale in April 2012



363 pupils in the Vale have a Statement of Educational Need



Cardiff Facts and Figures 2018 - 2019

Total of 617 on The Index in Cardiff by 31 March 2019



32% 68%

53% have a Statement

14% have a Social Worker

65% claim DLA / PIP

46% receive medication

11% wheelchair users

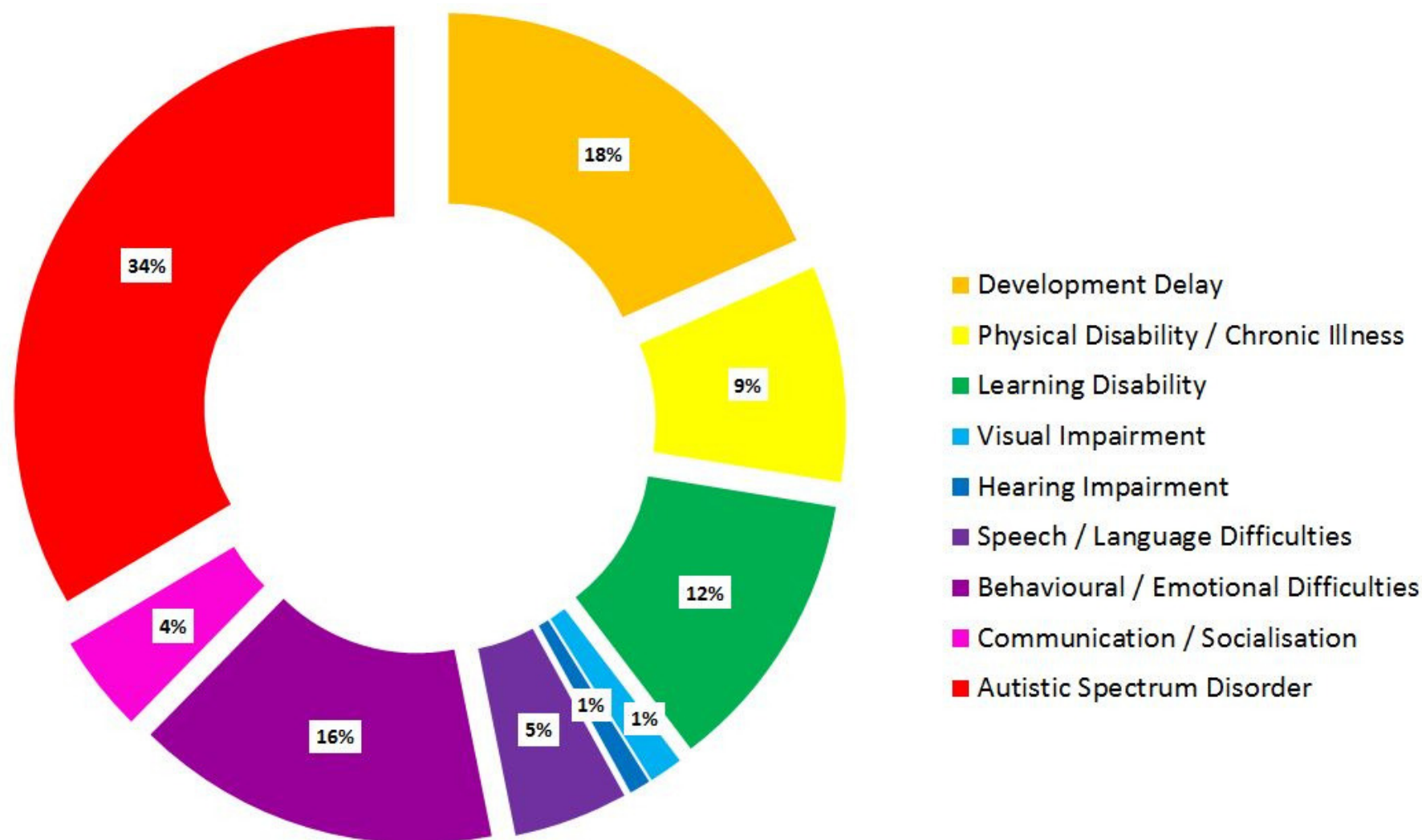
30% are on the Autism Spectrum

120 ALN specific enquiries

19% are from an ethnic minority

1 family receiving the newsletter in Welsh

5% English / Welsh Second Language



16% are using PECs

11% are using Makaton

New!

268 registrations
April 2018 - March 2019

26% of those new registrations have ASD

16% of those new registrations have ADHD

27% of new registrations were referred from FIS

22% of new registrations were referred from a health visitor



Vale Facts and Figures 2018 - 2019

Total of 692 on The Index in the Vale by 31 March 2018



32% 68%

21% have a Social Worker

26% have a Statement

32% claim DLA / PIP

9% wheelchair users

65% receive medication

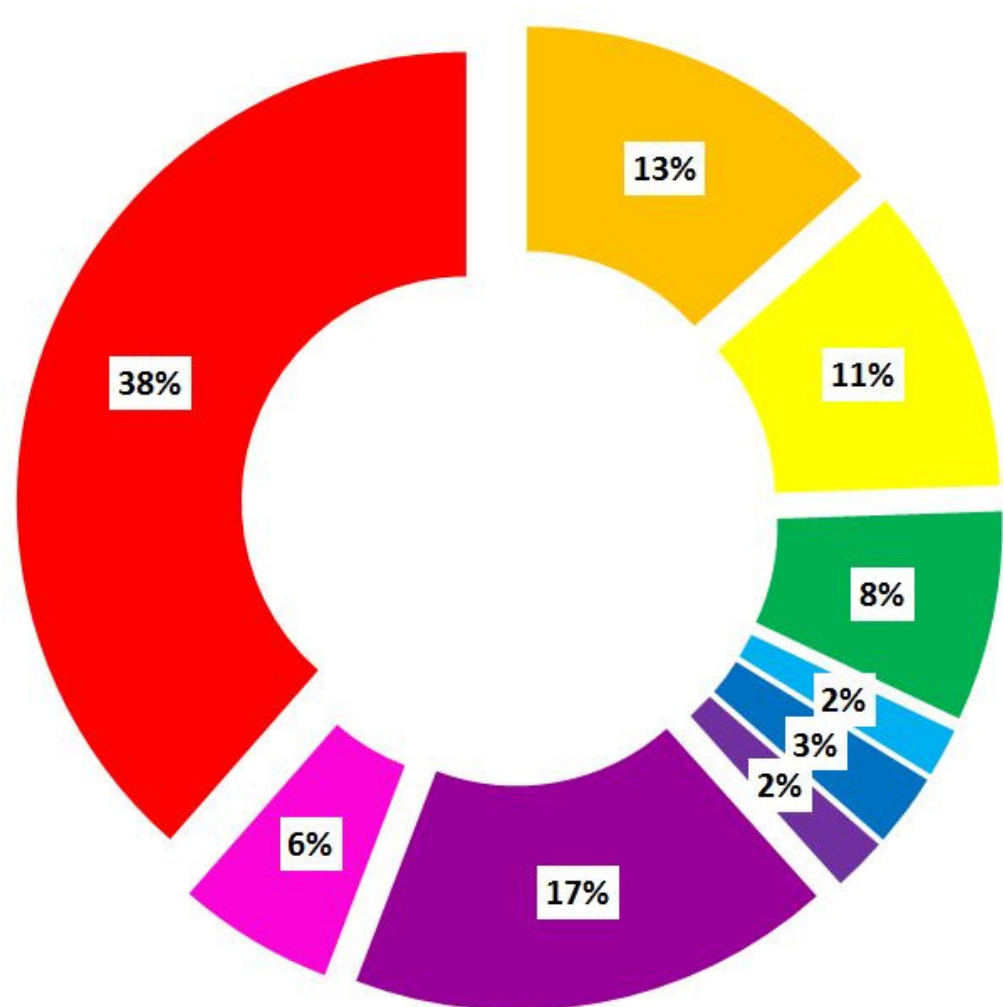
44% are on the Autism Spectrum

2 families receiving the newsletter in Welsh

5% are from an ethnic minority

1% English / Welsh Second Language

14% are using PECs



- Development Delay
- Physical Disability / Chronic Illness
- Learning Disability
- Visual Impairment
- Hearing Impairment
- Speech / Language Difficulties
- Behavioural / Emotional Difficulties
- Communication / Socialisation
- Autistic Spectrum Disorder

3% are using Makaton

500+ ALN specific posts

150+ ALN specific enquiries

New!

122 registrations April 2018 - March 2019

29% of those new registrations have ASD

24% of those new registrations have ADHD

32% of new registrations were referred from FIS

22% of new registrations were referred from a health visitor



Feedback

April 2018 - March 2019

100%



said The Index made a positive difference to their family

I think The Index is brilliant, I often pick up the newsletter, find things to do and say "right that's what we'll do today"

It's good to know there is somewhere to go for support

Thank you so much for the information you sent. I have already booked the sensory room in Barry for this Monday! We will visit the Llantwit Sunshine Club too.

When I first called the The Index I was down, depressed and at the end of my tether. Since attending sessions promoted by The Index both my child and myself are so much happier, it was lovely to go somewhere and be accepted and not judged!

I really love The Index and I am looking forward to receiving the next newsletter as it has so much information in there that helps me.



Priorities April 2019 - March 2020



1

Produce a Family Friendly Leaflet



2

Host Coffee Mornings in Schools across Cardiff and the Vale



3

Produce Transition Information for 14 - 25years



4

Develop a regional website



5

Develop an After School Information Session for Families



6

Add information sharing consent to partner referral forms to increase referrals



If you know of any groups, projects or services for those with additional needs that you think the rest of Cardiff and the Vale should hear about, then please let us know and we can promote them to families and professionals.

If you are supporting someone who would benefit from being included on The Index, then you can access a paper copy or online version of our registration form on our website.

Our webpages also have links to online versions of all of the quarterly newsletters that have been produced, and you can sign up to The Index eNews to receive regular updates.

We are always looking for new ways to reach out to families and professionals, so if you think it would be useful for us to talk to those that you work with, then get in touch. We can arrange to come along with information on our services and other relevant services.

Cardiff

Vale



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